



LITTLESTOWN AREA SENIOR CENTER

Tina Pate
Site Manager
717-359-7743

February 2024








Monday – Friday, 8:00 AM – 12:30 PM

10 Locust Street
P.O. Box 81
Littlestown, PA
17340

Mon	Tue	Wed	Thu	Fri
			1 10:00 Speaker Story of True Love J. Rada	2 10:30 Luncheon w/Chef Reis (sign up)
5 9:45 Bingo	6 Tina - Staff meeting	7 11:00 Board Mtg	8 11:00 Church Luncheon Center Closed	9 Breakfast Center Closed
12 10:00 Speaker Vintage Valentines D. Thomas	13 10:00 Operation Christmas Child w/Wendy	14 10:00 Hot Chocolate Bar (sign up)	15 10:00 Speaker Heart Health B. Kane	16 10:30 Music w/Denny
19 Center Closed	20 10:00 Pivot Blood Pressure Screening	21 Fortune Cookies Diamond Painting	22 10:00 Speaker Chocolate Roadshow D. Haase (sign up)—20 max.	23 Chinese New Year Lunch @ Hanover Hibachi Center Closed
26 9:45 Bingo	27 Diamond Painting craft	28 Cards & Games	29 Diamond Painting craft	*** Lunch is served daily at 11:30***

February

Adams County

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>*menu subject to change</i></p>			<p>1</p> <p>Tuna Salad Sandwich w/lettuce & tomato 1/2c Potato Salad 2 White Bread Fresh Orange</p> 	<p>2</p> <p>Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn 1 White Bread 1 Cookie</p>
<p>5</p> <p>Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp</p>	<p>6</p> <p>Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit</p>	<p>7</p> <p>Chicken Taco w/ Lettuce & Tomato 1/2c. Seasoned Corn & Blackbeans 1/2c. Spanish Rice Soft Tortilla Shell 1/2c Pineapple</p>	<p>8</p> <p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Green Beans 1 Wheat Bread 1/2c Gelatin</p>	<p>9</p> <p>Vegetable Lasagna w/ Sauce 1c Tossed Salad 1/2c Peas 1 Italian Bread Cookie</p>
<p>12</p> <p>Sloppy Joe 1/2c Ranch Roasted Potatoes 1/2c Island Blend Vegetables 1 Hamburger Bun Seasonal Fresh Fruit</p>	<p>13</p> <p>Chicken Marsala w/ 2oz Mushroom Sauce 1/2c. Blended Rice 1/2c Carrots 1 Breadstick 1/2c Applesauce</p> 	<p>Ash Wednesday/Valentines Day 14</p> <p>crab cake 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Seasonal Fresh Fruit</p> 	<p>15</p> <p>Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Cream of Cauliflower Soup 1 Wheat Bread 1/2c Fruited Gelatin</p>	<p>16</p> <p>Baked Pollock 1/2c Macaroni & Cheese 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges</p>
<p>19</p> <p>Presidents Day! Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges</p>	<p>20</p> <p>Cabbage Casserole w/ 2oz Sauce 1c Tossed Salad 1/2c Carrots 1 White Bread Seasonal Fresh Fruit</p>	<p>21</p> <p>Balsamic Glazed Chicken w/ Tomatoes & Mozzarella Cheese 1/2c Penne Pasta 1/2c Mixed Vegetables 1 Dinner Roll 1/2c Fruited Gelatin</p> 	<p>22</p> <p>Philly Cheeseburger w/ Provolone, Peppers, & Onions 1c Cream of Potato Soup Sandwich Roll Fresh Seasonal Fruit</p> 	<p>23</p> <p>Egg Salad Sandwich w/ Lettuce & Tomato 1/2c Potato Salad 1/2c Beets 2 Wheat Bread 1/2c Sliced Peaches</p>
<p>26</p> <p>Swedish Meatballs (4) 1/2c. Rice 1/2c Peas 1 Wheat Bread 1/2c Apple Crisp</p>	<p>27</p> <p>Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange</p>	<p>28</p> <p>Lemon Dijon Pork Loin 1/2c Buttered Pasta 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pineapple Tidbits</p> 	<p>29</p> <p>Cheese Omelet w/ Ham, Peppers, Onions 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>	