



SATURDAY, MAY 18, 2024

SPRING - GARDEN-2-TABLE EVENT

Location at Little Creek Community Park Pavilion from 9am- 3 pm

The Weston A. Price York-Adams County Chapter is offering a FREE event to the community. Focusing on the importance of health and nutrient-dense foods through buying local, gardening, seeds and soil for over health. Scheduled speakers, resource tables and a few local vendors selling seedlings to start growing your own fresh vegetable, herbs and flower gardens, in addition to pamphlets and flyers about health and making informed choices. Learn how to build and improve valuable soil and composting processes organically and where to buy local.

Making fresh foods and gathering information for improved overall health and wellness.

- Raw Milk
- Grass fed- Grass Finished Meats
- Good Fats/Good Oils
- Einkorn Grains
- Pesticide Free
- Non-GMO



Raised beds and
container gardening

Start your own garden!!

Building healthy
soil/worm castings
and composting

Electroculture
Gardening

Herbs / Seeds and
Plants / Flowers

Buy Local
information

WAPF - Dietary
Principles

Children exploration
and learning area

LITTLE CREEK COMMUNITY
PARK LOCATION:

1657 PA-RT 116

Spring Grove, PA 17362

Save the Date:
**Fall – Garden-2-Table Harvest
Event**
September 14, 2024