



SENIOR WEEK

April 7 through April 11

You don't have to be a member to join us for this annual event that celebrates the Young at Heart!

Daily events include:

- Health Screenings
- Speakers on a variety of topics
- Senior Classes for all fitness levels
- Pot Luck Luncheon
- Crafts
- Week-long basket raffle



Scan the QR Code for more information. Site will be updated with events as they are scheduled.

FREE and OPEN to ALL SENIORS!
ID Required. Please bring insurance card to check for Silver Sneakers or other memberships.