

Volume 24, Issue 2 | Summer 2024

Incident Action Plan (IAP)



COUNTY OF LYCOMING EMA QUARTERLY TRAINING

(Incident Action Plan Development: ICS Forms & Worksheet Review)

THURSDAY – June 27, 2024

@

Lycoming County Emergency Operations Center
542 County Farm Road. Suite 101.

Montoursville, PA, 17754

From the Director of Public Safety

Staffing:

In June, we will bring on our new Operations and Planning Specialist as well as Administrative Assistant bringing the EMA department back to a full compliment. EMA's hallway neighbors, the LTS EMS Council, is also fully staffed and the 9-1-1 Center will be hiring three new Telecommunicators and promoting a Training & QA Coordinator shortly.

Events:

We are busy preparing for the Susquehanna Steam Electric Plant Evaluation, the City of Williamsport's 4th of July Celebration, Little League World Series, and the Grand Slam Parade. As a reminder, this year's parade was moved to Tuesday night, August 13th at 1700 hours, with the series running from Wednesday August 14th to Sunday August 25th.

Have a Happy and Safe 4th of July and Summer!

Hutch

Contents:

Municipal EMA News	3
American Red Cross	4
Seneca Resources	5
Upper Fairfield Township	6
ACS	7
National Weather Service	8
Central Region Healthcare Coalition	9-10
LTS EMS Council	11-12
Welcoming Newcomers	13
Summer Safety	14-15
Flood Safety	16
Upcoming Meetings	17
EMA Staff	18



MUNICIPAL EMERGENCY MANAGEMENT AGENCY NEWS

Lewis Township



Charles O'Brien: Lewis Township Emergency Management Coordinator Lewis Township coordinated with Trout Run Volunteer Fire Company (TRVFC) to better prepare for sheltering residents in need. Sheets, pillows, blankets, and toiletries were secured by Lewis Township to effectively meet the needs of our residents during times of crisis.



The TRVFC Ladies Auxiliary are on board to assist as the large majority of first responders will likely be involved in rescue, recovery and damage assessment operations while the shelter/warming center is occupied.

Charles O'Brien, the Lewis Township Emergency Management Coordinator, and TRFVC Fire Officers are working to develop a seamless plan to care for our residents when they need us the most. Two dozen residents can be sheltered with ease at this point. Time will tell how many more can be cared for as we continue to develop our shelter plans.



Lycoming County Department of Public Safety

Assisting the American Red Cross with Community Safety Efforts!



Harvest Moon

Fire Safety Education and Installation

Friday, May 3, 2024

The Lycoming County Department of Public Safety assisted the American Red Cross Northeastern Pennsylvania Chapter install free smoke alarms for local families vulnerable to home fires during a *Sound the Alarm* event in Linden. This effort is part of the National Red Cross Home Fire Campaign, which has helped save at least 2,102 lives since launching in October 2014.





Back Row (Left to Right): Al Smith, Jacob Wentz, Paula Raemsch, Janel Young, Chriss Schultz, Harvey Wall, Robert Strouse, Susan Strouse.
Front Row: William Miller, Zachary Bloom, Stacey Folk, Jinny Borek, Stuart Kilbourn.



BECOME A VOLUNTEER!

"Volunteers carry out 90% of the humanitarian work of the Red Cross."

Volunteer with the American Red Cross:

Visit: Volunteer Opportunities in Greater Pennsylvania | Red Cross.



Committed to Safety and the Environment

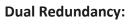
Operational Integrity of Pipelines:

- A "Pig" (Pipeline Inspection Gadget) is sent through the line, which acts as method of pipe inspection in addition to cleaning debris and accumulated liquids.
- When equipment is set up, the team at Seneca
 Resources takes extra care to ensure that all equipment is straight because this reduces the stress on the pipes.



Overpressure:

 When there is too much pressure, an overpressure valve is equipped with an Automatic Shut Off feature upon immediate detection of the increased pressure.



 Seneca Resources enacts dual redundancy systems, which provides a backup mechanism to prevent system failure and increases safety.





Containment:

 Containment areas are set up, which have the capacity to hold 110% of one of the large tanks, or the biggest source, within the containment area.

Emissions Reductions:

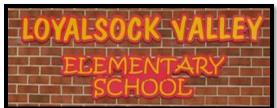
Leading Air Emissions Reductions

Environmental:

- To shrink footprint produced from natural gas extraction, grass is planted in areas not in use, even when the area will be utilized in the future.
- Natural berms are created using tree stumps to reduce negative ecological impacts.

Loyalsock Valley Elementary School PTO: Spring Festival













THANK YOU FOR THE SUPPORT!





ACS - Auxiliary Communications Service



The Spring 2024 DCS / ACS meeting was held at the EOC on Wednesday 04/03/2024. The meeting included training on the Runner Tracker App that allows radio operators to collect and send runner bib numbers over the air using a digital signal. The training was conducted by Travis Best – W3TMB. Travis is a member of Lycoming DCS / ACS and is the PEMA ACS Officer. The Runner Tracker app will be utilized at the upcoming Worlds End Ultra trail run on 06/01/2024 as well as the Eastern States 100 trail run on the weekend of 08/10-11/2024. Those wishing to assist can get more info and a link to volunteer at www.kb3hll.org

→ Members of Lycoming DCS / ACS participated in the Spring 2024 SET (Simulated Emergency Test) on Saturday 04/06/2024. The SET included two distinct sections. The first required amateurs to send an American Red Cross staff request form to the ARC utilizing WINLINK, which allows email and the sending of forms over amateur airwaves. The second section included members reporting over the local 145.330 repeater their availability to deploy and their equipment & capabilities. DCS / ACS participants included Bob Brown – N3RPB, Deb Brown – KC3UWB, Cliff Allen – AC3EU, Tom Inman (KC8T)

On Sunday 04/24/2024, a SKYWARN level 2 net was activated due to a line of severe Wx traversing Lycoming County from NW to SE. 12 Amateurs checked in to the net with WX3CTP – The NWS State College SKYWARN station monitoring and participating. WX3CTP requested information on a lightning strike to a residence in the 1200 block of Cherry Street in Montoursville. The residence that was struck was across the street from the Net Control Station for the SKYWARN net.

Field Day is June 22-23, 2024. This year, DCS/ ACS is operating Field Day on Saturday only with members of the Bald Eagle Repeater Association. We will be at Pavilion # 6 at Indian Park in Montoursville. Set up begins on Saturday 06/22/2024 at around 1130 with transmitters on from 1400-2300 (approximately).

On Tuesday 04/16/2024, PEMA held its Peach Bottom Atomic Power Station Exercise. Amateur radio operators registered with PEMA were notified and requested to either respond via WINLINK (E-mail over radio) or via voice (Hf, VHF, DMR-digital) with specific information. Three members of Lycoming ACS participated by sending WINLINK messages.

→ It is with a heavy heart that I report that John Rymell – N3PFF became a silent key, passing away on Thursday 04/11/2024. John was my predecessor as the team leader at Lycoming County DCS and much of the equipment and procedures that we utilize today came under Johns watch. I ask that you keep his wife Doreen and the Rymell family in your thoughts and prayers.

NWS - National Weather Service

Hydrologic Services Page → https://water.noaa.gov



Information Provided by Meteorologist: Craig Evanego

The National Weather Service (NWS) routinely utilizes information from the Lycoming County Stream Gage Network to monitor creek stages across Lycoming County. This information is especially useful during heavy rain events, as it allows us to monitor stream responses across Lycoming County in near real time. In a way, these gages are our "eyes" on Lycoming County's waterways.

Lycoming County has several gages on Muncy Creek, Loyalsock Creek, Lycoming Creek, and Pine Creek, all of which tend to be quick-responding (or "flashy") streams due to the relatively steep terrain in their headlands. Due to the flashy nature of these streams, it is vital to have the near real time information provided by the Lycoming County gages. This information is used by NWS forecasters when they are making flood warnings and advisory decisions for Lycoming County.

Additionally, Lycoming County maintains a gage on the West Branch of the Susquehanna River at Muncy. This is an especially important gage because Muncy (MCYP1) is an official river forecast point for the NWS Mid-Atlantic River Forecast Center (MARFC). Without the Muncy River gage, the MARFC could not issue their 72-hour stage forecasts for this point.

Submit a Report to NWS with the SkyWarn™ Spotter Program

https://www.weather.gov/ctp/reportsevere

The SkyWarn™ Spotter program is a voluntary program in which the public can participate in storm reporting and interact with your local NWS Office. Spotters are encouraged to relay critical weather information to their local NWS Office, in support of the Warning and Forecast Operations. The information spotters provide immensely helps the NWS Forecasters make better/more informed forecasts and helps them to warn others of impending dangers or hazards.



Central Region Healthcare Coalition



BUSINESS CONTINUITY WORKSHOP

The Central Region Healthcare Coalition of PA, in collaboration with our consulting partner, Wakefield Brunswick, is offering a Business Continuity Workshop. This onsite workshop will empower participants to develop and refine their business continuity plans, enhancing their organization's resilience and preparedness with comprehensive insights into industry best practices, strategies, and tools for ensuring the uninterrupted delivery of healthcare services during disruptive events.



Wednesday June 19th, 2024 8:00 AM – 4:00 PM

Pine Barn Inn 43 Pine Barn PI, Danville, PA 17821

Each participating organization should identify 2-3 multidisciplinary stakeholders (e.g., clinical, ancillary services, finance), that can attend and learn how to draft a business continuity plan for their department/area. These sample plans can then be leveraged to downstream the planning process across the organization.

Registration is ilmited to 40 people – click the link below to secure your spot!

WORKSHOP OUTLINE

- · Module 1: Introduction to Healthcare Business Continuity
- Module 2: Aligning Business Continuity to Organizational Strategy
- Module 3: The Business Continuity Data Gathering Process
- · Module 4: Developing your Business Continuity Plan
- Module 5: Management and Measurement of your Business Continuity Program

To Register: https://form.asana.com/?k=YqCzjfkkSkjx WQy9bVgoA&d=19131075186199

Central Region Healthcare Coalition





Hospital Incident Command Class

Sponsored by the Central Region Healthcare Coalition

Hosted by Evangelical Community Hospital

Date: Friday June 28th, 2024

Time: 8am -12PM

Location: Evangelical Community Hospital, Conference Center

Parking: Utilize Main Entrance Parking

Register Here:

https://form.asana.com/? k=sygXAIFCKPGUw9iIWiORMg&d=19131075186199

Questions: Contact Jeremy Reese, CRHCC Regional Readiness Coordinator at jereese@phmc.org or Matt Exley, Director of Employee and Public Safety at Matthew. Exley@evanhospital.com









During the Spring:

Two LTS EMS Council staff members traveled to Seven Springs Mountain Resort to participate in EMS Update 2024, attending classes for education and networking with fellow EMS providers and other EMS regions.

An EMR class at Woodward Township Fire Company concluded Psychomotor testing for 12 students.

LTS EMS Council staff participated in several public outreach programs this quarter jointly with the Emergency Management Agency including: The Spring Festival at Loyalsock Valley, SREMS Health Fair, and the River Valley YMCA Senior Health and Fitness EXPO.

LTS EMS Council staff has been busy conducting EMS licensure inspections with two of the agencies in our region as well as assisting neighboring 7 Mountain's EMS with an inspection.



EMS WEEK 2024

HONORING OUR PAST. FORGING OUR FUTURE.



During EMS week, our LTS EMS Council staff traveled around our region visiting with several EMS agencies, showing our providers appreciation with a few gifts. This year we provided the EMS providers with an LTS EMS Challenge Coin, as well as handing out some tactical tourniquets, and water bottles.

We started our travels on Sunday, at the

Sullivan County EMS Banquet. Sullivan County EMS Council handed out several awards, recognizing

many providers from the region. Before the banquet ended, our LTS EMS staff presented the LTS EMS Council "Kline DeWire, Memorial Award" to Sullivan County EMS Council President Vicki Peterman.





(Left to Right): Paula Raemsch, Vicki Peterman, William Miller, Amber Snyder

On Wednesday, the LTS EMS staff traveled all over Tioga County visiting agencies and stopping at UPMC Wellsboro and Tioga Emergency Services.

On Thursday, staff started out at the Lycoming County Commissioners Meeting, where they read and acknowledged EMS week and EMS for Children's Day with a Proclamation for each. After recognizing EMS week, Lycoming County EMS Council presented awards for EMT of the year, Paramedic of the year, and Rescue Technician of the On Monday, we traveled North Central and Western Lycoming County. Unfortunately, our day was cut short after being notified of an active emergency at Jersey Shore Skilled Nursing and Rehab. Since staff was in the area, they responded to assist Jersey Shore Skilled Nursing and Rehab, and the Emergency Management Agency with operations, within the unified command and coordinating staging for incoming EMS units as they prepared for possible relocation of residents. The LTS EMS staff worked closely with local EMA and County EMA for coordination and response of a portable HVAC trailer unit from the HealthCare Coalition. The residents were able to return and the HVAC trailer was canceled.



(Left to Right): Mariah Fowler, Marian Klopp, Paula Raemsch, Vicki Peterman, Debbie Peterman, Amber Snyder, William Miller, Marcia Pedro.

year. After the meeting, staff traveled southern and Eastern Lycoming County.



(Left to Right): William Miller, Paula Raemsch, Casey Parker (EMT of the Year, Clinton Township), Shane Newvine (Paramedic of the Year, Jersey Shore Area EMS), Lee Arbogast (Rescue Technician of the Year, Williamsport Bureau of Fire)



Lycoming County Department of Public Safety Welcoming Newcomers!



Amber & Chris Snyder with their children Amilia and Bryden.

Master's degree in Emergency Management.

Amber joined the Department of Public Safety in May of 2024, serving as the EMS Regional Field Coordinator for the LTS EMS Council.

Amber has been an EMT in Lycoming County for 24 years, as well as being a volunteer firefighter at Willing Hand Hose Co #1 for 22 years. Amber holds an Associate's degree in Surgical Technology, a Certificate in Surgical Assisting, and a Bachelor's Degree in Health Care Administration. Furthermore, Amber is working toward the goal of obtaining a

Amber Snyder

EMS Regional Field Coordinator



Jacob has worked for various EMS organizations in York and Adams Counties as an Advanced EMT. Jacob holds a Bachelor's Degree in Emergency Management and was the first ever Readiness Technician for Carroll County (Maryland) Emergency Management, maintaining and updating the Emergency Operations Center and other EM resources. Additionally, Jacob has completed FEMA's Advanced Professional Series.

Jacob joined the Department of Public Safety in March of 2024, serving as the Emergency Management Agency Training and Operations Specialist.



Jacob & Sara Wentz and their daughter Holland



Jacob Wentz

EMA Specialist - Training

SUMMER SAFETY



SWIM AREA SAFETY

Millions Enjoy the Water, so What's the Risk?

- · 4,000 fatal drownings per year
 - 45% of those while swimming in natural waters; 20% in pools
 - Over 20% of population can't swim



Water Depth

Depths of chin height or more pose significant risk to nonswimmers.

nonswimmers.
Underwater Hazards

Drop-offs, rocks, trash, debris, weeds, and muddy bottoms threaten safety & enjoyment.



Water Quality

Pollution and contamination pose health risks. Obey signs. Avoid foam, scum, or algae.



Water Clarity

Visibility varies in natural waters.

Murky water hides hazards
and hinders rescue.



Check water temperature before entering. Limit time in water that feels cold.

Moving Water

Currents & waves in rivers, oceans & lakes pose risks

for all swimmers. Currents may be hard to see & very difficult to swim against.

If necessary, swim across the current. Rip

currents account for 80 % of ocean rescues.

Nonswimmers entering deep water will likely begin to drown immediately, are unable to move to safety or call for help, and submerge in only 20 to 60 seconds.



Safety Tips

- Review area safety, based on group abilities, prior to entering the water.
- If unable to judge area safety, choose designated swim areas at campgrounds, state parks, and federal recreational areas.
- Keep nonswimmers away from deep water until they learn how to swim.
- All ability groups should consider wearing life jackets as an extra layer of protection, particularly in deep, murky, or moving water.
- Learn how to prevent, recognize, and respond to drowning incidents.
- If your group lacks those skills, swim where professionally trained lifeguards are on duty.



Learn rip current safety. Relax and swim swim out of the current, or float or thread water.

Remember: Water safety begins with you! Visit watersafetyusa.org for more information.

SUMMER SAFETY



BE TICK SMART



IMPORTANT INFORMATION TO PROTECT YOURSELF AND LOVED ONES

While most tickborne infections occur during the summer, ticks may still be active well into the fall, or even year-round in warmer climates.



If you have pets, contact your Vet about how best to protect them.

WHY ARE TICKS DANGEROUS?

TICKS carry pathogens that can cause human disease such as Lyme disease, Anaplasmosis, Babesiosis, Ehrlichiosis and Rocky Mountain Spotted Fever.



WHEN YOU GO OUTSIDE MAKE SURE TO:



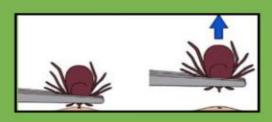
- Treat clothing with Permethrin prior to being outside.
- If possible wear a long sleeved shirt, pants and socks.
- Spray yourself with bug spray containing DEET, follow all label directions.
- When back in from outdoors, remove clothing and put in the dryer on high temperature.
- Take a shower and perform a full body tick check.
- · Check places like under arms, in or behind ears, in and around hair, between legs, behind knees, and belly butt



HOW TO TICK PROOF YOUR YARD

- Keep your grass short and remove any brush
- Create a 3 foot barrier of wood chips or crushed stone around your yard
- Plant Deer deterring plants such as herbs, succulents or ornamental grasses
- Put up a barrier or fence to prevent deer from entering your yard.

- Trim trees to allow for more sunlight
 Treat your yard with pesticides or natural essential oils
 Place tick tubes in your yard to kill off the ticks that mice carry



WHAT TO DO IF YOU FIND A TICK ON YOU

ONCE FOUND, THE TICK SHOULD BE CAREFULLY REMOVED AS SOON AS POSSIBLE, HERE'S HOW:

When removing the tick, you should use fine tipped tweezers, grabbing the tick as close to your skin as possible. Be sure to pull straight up as opposed to twisting motion. After the tick is removed, clean the skin with rubbing alcohol or soap and water.

COMMON SYMPTOMS OF TICK RELATED ILLNESSES

- **Fever and Chills**
- **Aches and Pains**
- Headache
- **Fatigue**
- **Muscle Aches**

*with Lyme Disease you may also experience joint pain and a rash Some people may develop a <u>Bullseye rash</u> (see graphic), but not all.



ADAPTED FROM THE CENTERS FOR DISEASE CONTROL & PREVENTION.







FLOOD SAFETY

- Evacuate immediately, if told to evacuate.
- **Never** drive around barricades.

Local responders use them to safely direct traffic out of flooded areas.

• Contact your healthcare provider if you are sick and need medical attention. Wait for further care instructions and shelter in place, if possible.

If you are experiencing a medical emergency, call 9-1-1.

- Listen to EAS, NOAA Weather Radio or local alerting systems for current emergency information and instructions regarding flooding.
- **Do Not** walk, swim, or drive through flood waters!

Turn Around. Do not Drown!

- **Stay off** bridges over fast-moving water. Fast-moving water can wash bridges away without warning.
- Stay inside your car if it is trapped in rapidly moving water. Get on the roof if water is rising inside the car.
- Get to the highest level if trapped in a building. Only get on the roof if necessary and once there signal for help. Do Not climb into a closed attic to avoid getting trapped by rising floodwater.







UPCOMING MEETINGS

Held in the Emergency Operation Center at 542 County Farm Road | Suite 101 | Montoursville | PA.

Municipal In-Service Training

Thursday, June 27, 2024 @ 7:00 pm
Thursday, September 26, 2024 @ 7:00 pm
Thursday, December 12, 2024 @ 7:00 pm

Local Emergency Planning Committee Meeting (LEPC)

Tuesday, July 9, 2024 @ 8:00 am Tuesday, October 8, 2024 @ 8:00 am

Radiological Team

Wednesday, July 10, 2024 @ 7:00 pm

Thursday, July 18, 2024 @ 6:00 pm (McCall Middle School Walk-Through)

Wednesday, August 7, 2024 @ 6:00 pm (McCall Middle School Federal

Evaluation Exercise)

Auxiliary Communications Service -ACS

Wednesday, October 2, 2024 @ 7:00 pm

Lycoming County Emergency Management Agency Staff

EMA STAFF	PHONE	EMAIL
Stacey Folk Emergency Management Coordinator	570-329-4732	sfolk@lyco.org
EMA Specialist – Planning	570-329-4724	
Jacob Wentz EMA Specialist – Training	570-329-4723	jwentz@lyco.org
Irv Temple SARA Support Specialist	570-329-4751	itemple@lyco.org
Administrative Assistant	570-329-4720	