

Mobile Health of Evangelical



Footprints of Montgomery Food Pantry Free Health Screenings 2023

Available during the Mobile Health Visit:

Blood pressure, blood glucose, and lipid point of care (cholesterol/triglyceride) screenings as well as bone density heel scans

Qualifications for the Heel Scan:

- Have not had a DXA scan in past 2 years
- Have not had a heel bone density test in past year
- Meet at least one of the following criteria:
 - Over the age of 65
 - Post-menopausal
 - Pre-menopausal with high risk factors

For blood glucose testing, a 12 hour fast is recommended. No food or drink, except water.
Please drink water.

JULY

Thursday, July 27 • 8 am-Noon
Footprints Food Pantry
71 Bower St Ext
Montgomery PA 17752

August

Thursday, August 24 • 8 am-Noon
Footprints Food Pantry
71 Bower St Ext
Montgomery PA 17752

September

Thursday, Sept. 28 • 8 am-Noon
Footprints Food Pantry
71 Bower St Ext
Montgomery PA 17752

October

Thursday, Oct. 26 • 8 am-Noon
Footprints Food Pantry
71 Bower St Ext
Montgomery PA 17752

November

None

Happy Thanksgiving

December

Thursday, Dec. 28 • 8 am-Noon
Footprints Food Pantry
71 Bower St Ext
Montgomery PA 17752

*No appointment necessary.

For questions, call **1-833-251-0187**.