Fall 2024

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5912 Paradise Valley Rd, Cresco, PA 18326 - Phone (570) 595-9880 • paradisetownship.com

Welcome to Paradise 🤇



Expert advice for you to reach your goals.

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David W. Coulter Associate Broker

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Mountain Landscaping, LLC is a drug-free workplace and an Equal Opportunity Employer.

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TOWNSHIP CONTACT INFORMATION PHONE NUMBERS (ALL 570 AREA CODE)

BOARD OF SUPERVISORS

Reda Briglia Peter Gonze Michael Stein

TOWNSHIP OFFICE

POLICE, FIRE, AMBULANCE: (EMERGENCY) DIAL 911

NON-EMERGENCY NUMBERS:

PA State Police	619-6480
Ambulance	
(P.M. Regional Emergency Me	edical Services)
Fire	
(P.M. Volunteer Fire Co)	

COUNTY INFORMATION

Court House:	420-3400
Tax Assessment Office	517-3133
Voter Registration	
Dog Warden:	

District Justice: Phillip R. Riley595-2520

STATE INFORMATION

State Senator—40th District:	
Rosemary Brown	.620-4326

State Representative—115th Dist	rict:
Maureen Madden	894-7905
Pocono Mountain School District.	839-7121

https://thewasteauthority.com (for deer removal, fill out	n/deer-removal
and submit form)	
Game Commission:	675-1143
(Other wild game)	
PennDOT (local)	424-3024

PPL 1-800-342-5775 Water Testing – NE office location Pocono

Sewage Enforcement Officer: Jacob Schray, Hanover Engineering, SEO610-417-5629

Roadmaster: Michael Mader.....595-3534

Tax Collector (Real Estate): MaryGrace DeHaven629-4871 5367 Paradise Valley Rd, Cresco, PA Hours: Tues. & Thurs. 4-7 p.m.

Tax Collector (EIT/LST): (Earned Income & Local Services Tax) Berkheimer Associates1-800-360-8989 Ext. 2272

Emergency Mgmt. Coordinator Rich Gannon......570-595-3668

TOWNSHIP MEETINGS

Board of Supervisors-Regular Meetings

1st & 3rd Monday/Month @ 6:00 p.m. *** Exception Sept. 2 to Sept. 4 Board of Supervisors-Work Sessions: 1st & 3rd Monday/Month @ 5:00 p.m. (as needed)

> Planning Commission 2nd Tuesday/Month @ 5:30 p.m.

> > **Zoning Hearing Board**

4th Tuesday/Month @ 5:30 p.m. (as needed)

Environmental Advisory Council/Open Space 3rd Wednesday/Month @ 5:00 p.m.

Pocono Area Recreation Commission (PARC) 4th Thursday/Month @ 6:00 p.m.

> Paradise Historical Society 1st Sunday/Month @ 2 p.m.

(All meetings are held at the Paradise Township Municipal Building, unless otherwise noted, and are open to the public)

Supervisor's Agendas and Minutes—Agendas are placed on the Township's web page at www.paradisetownship.com on the Friday prior to the Monday meeting. Please contact the Twp. Office at 570-595-9880 x4 to be placed on the agenda by noon Thursday prior to the meeting. Minutes will be placed on the web page by Thursday after approval at the following regular meeting.



WELCOME TO PARADISE TOWNSHIP

Paradise Township is a zoned community located in Monroe County, PA and consists of 2,899 residents based upon the 2020 census. To keep our residents informed the township issues a newsletter every Spring and Fall. You may also access our website at paradisetownship.com for up-to-date information and news. Residents may also access the Savvy Citizen App for Apple and Android by downloading the Smartphone app or visiting SavvycitizenApp.com. Savvy Citizen is a free notification system which enables the township to send information about important township news and events directly to residents' mobile devices.

5912 Paradise Valley Rd Cresco, PA 18326 * Office (570) 595-9880 * Fax (570) 595-3080

FAQs

- Short-term Rentals are **PROHIBITED** in Residential Zoning Districts of the township. They are only permitted in B1, and B2 Districts and you must obtain a license and permit through the township in order to have a STR.
- Paradise Township is a "Zoned Community", which means you are required to obtain zoning, building, and sewage permits. If you are unsure if a project requires a permit, please call and ask.

2024 CITIZEN-OF-THE-YEAR

Please Congratulate our 2024 Citizens of the Year Megan Dunlap!!!

Paradise Township thanks Megan for her long-standing dedication to the Community





"It's what we do!" "That's what we're here for!" I can't tell you how often my staff and I speak these words in response to patrons who are grateful for, and often surprised by, the services we provide at the Library. In addition to helping you find the next great book to read (or listen to), we're happy to assist you with using the copier, navigating confusing websites (DMV comes to mind!), learning how to use digital resources like Libby and Hoopla on your phone or tablet, using our wifi to print from your phone, and the list goes on and on. Our dedicated, knowledgeable staff works hard to provide a pleasant, gratifying library experience. Stop in and see for yourself!

No library card? No problem! To get yours, stop by anytime. Bring ID and proof of address. Or start your registration online at www.barrettlibrary.org. Click on catalog home, scroll to the bottom and click Request Library Card.

Visit the Weiler Family Community Room to view the current art display. It's a wonderful opportunity to see the work of local artists. The display changes every few months. We've recently had the privilege of hosting Joyce Love (watercolors), Peter Gonze (photography), and John James (watercolors). Donna McCann (photography) is scheduled through April.

We are accepting donations of gently used costume jewelry to replenish our ongoing sale at the Library. Stop in and browse a unique selection of earrings, necklaces, bracelets, and pins at very affordable prices! All proceeds benefit library programs and services.

We're hosting another Local Author Meet & Greet this spring, tentatively scheduled for April 13! Several area writers will be available at this informal event to chat and discuss their work. We're still in the planning stages, so stay tuned for announcements confirming the date and which local talent will participate.

Join us for a variety of programs for all ages. Youth programs include story times, preschool playdates, crafts, STEM challenges, and our Teen Action Board. Adults enjoy movie days, yoga, take-home crafts, two book clubs, an online writing group, and other special programs.

For the latest information about the Library's happenings and services, please visit our website (www.barrettlibrary.org), Facebook page (www.facebook.com/BPFLibrary), or call us at 570-595-7171. You can also sign up for our e-newsletter, delivered to your inbox; the link is available on the website, or call the Library and we'll add you to the list.

Visit our beautiful Library at 6500 Rt. 191, Cresco. Hours: Mon & Wed, 10am-8pm. Tue, Thu, Fri, & Sat: 10am-5pm.

Mary Ann Lewis, Library Director (currently reading The Wager: A Tale of Shipwreck, Mutiny and Murder, by David Grann)

Thank You

Paradise Township would like to thank the businesses and organizations that appear in this newsletter and to recognize them each as supporters and cornerstones of our community.

It is with their contributions that this newsletter has been produced at no charge to our residents.

FALL CLEAN UP 2024

THURSDAY FRIDAY SATURDAY

October 3 (7 AM—5 PM) October 4 (7 AM—5 PM) October 5 (7 AM—2 PM)

- Residential Only -- No Commercial or Businesses -NO CHARGE! EXCEPT TIRES**

**Tires: First four (4) FREE, After four (4) tires - \$5 each Passenger Vehicle Tires Only! (Rims must be removed from tires) No Commercial Vehicle Tires!

All materials must be brought to the Maintenance Building (behind the Municipal Bldg.) at 5912 Paradise Valley Rd.—look for entrance sign.

MATERIALS NOT ACCEPTED: Household garbage, automobiles, dirt, leaves/brush, cement, hazardous materials (hazardous materials includes pesticides, herbicides, paint cans with contents, paint thinners).

SENIOR CITIZEN CURBSIDE PICK-UP DATES:

Sept. 30, OCT. 1, OCT. 2 (pick-up between hours of 7:00 a.m. and 3:00 p.m.)

Have items out/ready by 7 a.m. on 9/30 for all three dates.

LIMITED TO AGE 65 & OLDER, OR DISABLED

Please contact the Township Office to be added to the list **NO LATER THAN Thurs. Sept. 26** (before 2:00 p.m.). There will be NO late requests taken! 570-595-9880, Ext. 3

-NO CONTRACTOR REFUSE-

SMALL ITEMS SHOULD BE BOXED OR BAGGED FOR UNLOADING. PLEASE KEEP METAL SEPARATE

Please fill in Name, Address and Phone Number and bring with you to clean up

Paradise Township Supervisors • Paradise Township Municipal Building 5912 Paradise Valley Road, Cresco, PA 18326 • Phone: 570-595-9880 • Fax: 570-595-3090

2024 Fall Clean up

(Please Print)	
dress of premises NOT m	nailing address)
No Charge	
\$20.00	
\$100.00	
\$150.00	
\$50.00	
No Charge	
\$5.00 ea.	
No Charge	
\$30.00 ea.	
	ddress of premises NOT m No Charge \$20.00 \$100.00 \$150.00 \$50.00 No Charge \$5.00 ea. No Charge

Signature

Paradise Township accepts electronics/E-waste for recycling from (8a.m.—3p.m.) Monday through Friday. The drop-off area is behind the Municipal Building at 5912 Paradise Valley Road. An "E-waste" sign is posted at the maintenance building.

ELECTRONICS—RECYCLING LIST OF COVERED ELECTRONIC DEVICES ITEMS FOR RECYCLING

Computer Devices...PC's/Laptops Monitors...CRT/ LCD, Security Televisions...CRT, Flat Panel (LCD, Plasma, LED), Console, Projection Networking Devices...Servers, Routers, Switches, Hubs, Arrays Printing Devices...Printers, Scanners Power Supplies...UPS's (Uninterrupted Power Supplies) **Peripherals**...All items used in the function of these devices (i.e., keyboards, mice, speakers, pointing devices, etc.)

Wire/Cabling...All cables, wires and power cords used in the function of these devices

Hardware...All parts that are, or once were, part of these devices (i.e., circuit boards, hard drives, RAM, processors, power supplies, optical/ floppy drives, etc.)

Not on the list? Not Acceptable. Questions? Call the Waste Authority at 570-643-6100

PARADISE HISTORICAL SOCIETY

Hear interesting stories and learn cool facts about our community

Researching and sharing the stories of people, places, and events in and around Paradise Township — that's what Paradise Historical Society is all about.

We meet the first Sunday of the month at 2:00, usually at the Township building, and you are welcome! In August, we heard about the Civilian Conservation Corps and the thousands of young workers who built everything from dams to cabins at Promised Land State Park. In September, we encourage everyone to come to the Township picnic. In October we'll tour a private converted barn at a local farm. November's program is Treasures From the Attic, about surprising relics and mysteries of the historic Ace Store in East Swiftwater.

Details about meeting times, dates, and locations are always to be found on our website. Visit www.paradisehistorical.org.

NOTICE TO RESIDENTS

From Pocono Mountains Council of Governments Members

Any vehicle left on Township or Borough right of way during ice or snow emergency WILL BE TOWED AT THE OWNER'S EXPENSE.

Any mailboxes or fences on Township or Borough right of way that sustain damage during regular road maintenance or during ice or snow emergency **WILL BE THE RESPONSIBILITY OF THE BOX HOLDER/ FENCE OWNER.**



- Barrett Township
- Chestnuthill Township
- Coolbaugh Township
- Eldred Township
- Hamilton Township
- Lehman Township
- Jackson Township

- Middle Smithfield Township
- Mt. Pocono Borough
- Delaware Water Gap
- Pocono Township
- Tunkhannock Township
- Ross Township
- Smithfield Township

- Stroud Township
- Stroudsburg Borough
- Paradise Township
- Tobyhanna Township
- Price Township
- Polk Township



The Friendly Community Center (THE FCC)

Uniting Neighbors. Supporting Well-Being. Enriching Lives Located at 6683 Route 191, Mountainhome PA & 1200 Route 390 in the B.A.R.C facility "CELEBRATING A DECADE OF EXCELLENCE"

Programs are being offered for all ages of adults at our new expanded location at 1200 Route 390 in the B.A.R.C facility and our original location at 6683 Route 191 Cresco PA.

For more information about programs, how to become a member or to sign up for the weekly newsletter call Nicole Abrams at 570-481-4330 and leave a message or send an email to: **info@thefriendlycommunitycenter.org**. For a full listing of programs and more information visit The FCC's website **www.thefriendlycommunitycenter.org**. Follow us on Facebook or Instagram Classes are offered IN PERSON and ONLINE to members.

PAY BY THE CLASS- FCC MEMBERSHIP NOT REQUIRED- CLASS FEES PAYABLE AT THE TIME OF CLASS CASH, VENMO, OR CHECK- REGISTRATION FOR CLASSES IS APPRECIATED. VISIT OUR WEBSITE AND CLICK THE SCHEDULE TAB TO THE REGISTRATION LINK.

MAT PILATES

Exercises will be performed on the mat, focusing on strength, stability, and posture, with an emphasis on deep core connection. 30 min class

Time: Wednesdays at 9:30 AM Instructor: Rita Martin RYT200 Class Fee: \$10

YOGA and MEDITATION

The class will begin yoga with gentle stretches on the floor, followed by conscious breath work, promoting deep relaxation. We will close with a meditation. 30 min class

Time: Wednesdays at 10:15 AM Instructor: Rita Martin, RYT200 Class Fee: \$10

STRETCH & RESTORE YOGA

A restorative, deep relaxation yoga for women of all ages. Using gentle stretching, relaxation and restorative poses will help you feel more balance and harmony during your daily lives. Guided breathing and meditation will end the session. Bring a yoga mat, beach towel, blanket, pillow, any comfort items for the class. There are some extra yoga mats available for use.

Instructor: Ann Merli RYT500

Time: 10:00 AM – 11:15 AM Dates: Sundays- Sept 15 & 29, See the calendar page on our website for more dates. Where: BARC Class Fee: \$10

DYNAMIC FLEX

Experience a class designed for men and women seeking to improve strength, flexibility, and balance. This class combines dynamic stretches with elements of traditional yoga, ensuring a full-body workout that leaves you feeling strong, invigorated, and focused.

Time: Wednesdays at 5:30 PM Instructor: Michelle Yaddaw,500 E-RYT Class Fee: \$10

NEW MOON MEDITATION & REIKI HEALING

Group guided meditation and Reiki healing. No experience Necessary - You can sit in a chair or lie on the floor. Bring a yoga mat, blanket, pillow, or anything you need to make yourself comfortable.

Dates: See our website or Facebook for more dates Time: 7:00 PM Facilitators: Ann Merli & Cathy Merli Class Fee: \$10

WALK IT OUT

A fun, indoor workout that has all the benefits of walking combined with simple body weight and mobility exercises. It provides a great workout that will help you get fit and have fun! Easily adaptable for all fitness levels.

Time: Tuesdays 5:30 at BARC Instructor: Natalie Schultz Kahwaty, PhD Class Fee: \$10

FULL MOON ENERGY HEALING SOUND BATH

Quartz crystal singing bowls are played. Each one is tuned to a chakra energy center where sound nourishes and stimulates the many systems of the body. Stretch out on a mat or sit in a chair and allow the sound to flow energetically through you

Time/Date: Check website for future dates Facilitator: Kimberly Matthew Class Fee: \$10 Registration required

CANDLELIGHT FLOW YOGA

A slow Vinyasa flow class to ease the body of tension and refresh the mind. This class focuses on deeper stretches through longer holds allowing the body to soften and let go. Soft Candlelight will gently illuminate the room while you are guided through a gentle sequence of movements aimed at improving strength and flexibility while releasing stress and "mind clutter." All levels are invited with the ability to practice on the floor with a mat.

Time: 6:15 PM

Instructor: Maura Maula, 200RYT Class Fee: \$10

ZUMBA FITNESS



This class mixes low-intensity and

high-intensity moves for an interval-style calorie burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness classes are often called exercise in disguise.

Time: Thursdays at 5:45 PM AT BARC- Classes will rotate weekly, between Fitness and Toning

Instructor: Meredith Guglielmo, AFAA, NASM (GPTS), AFAA (CICI), NASM (WLS), NASM (SFS)

Class Fee: \$10

ZUMBA TONING



If you want to have fun sculpting your body,

class is for you. The challenge of adding resistance by using Zumba Toning Sticks (or light weights), helps you focus on specific muscle groups, so you and your muscles stay engaged! Lightweight maraca-like Toning Sticks enhance your sense of rhythm and coordination while toning target zones, including arms, core, and lower body.

Time: Thursdays at 5:45 PM AT BARC- Classes will rotate weekly, between Fitness and Toning Instructor: Meredith Guglielmo, AFAA, NASM (GPTS), AFAA (CICI), NASM (WLS), NASM (SFS) Class Fee: \$10

FRIDAYS: Childrens Classes 9:30 – 10:15 AM **Baby & Me**, ages 6 – 18 months Participate in a developmental class that brings parents and baby together for learning, socialization, music, dance 10:30- 11:15 AM **Creative Dance**, ages 2 -5 11:30- 12:15 PM **Get Your Sillies Out**, ages 5 -8 Classes include music and dance to encourage problem solving and socialization in a fun and interactive class. Instructor: Natalie Schultz Kahwaty, PhD \$5.00 per child-Adults must stay at class. Payment is due at class by cash, check, or Venmo- Registration appreciated

INSTRUCTORS WANTED

-Fitness, Relaxation, Art, Adult Education.....Send an email to info@thefriendlycommunitycenter.org

CLASSES INCLUDED WITH MEMBERSHIP:

BARRE FIT AT BARC

Time: Thursdays from 4:30 -5:30 PM **Instructor:** Ashley Meinking, IBBFA Certified

BARRETT BIRDING CLUB

Time: 2nd Tuesday of the month 7 PM Facilitators: Darryl & Jackie Speicher and Tim Grover

SCULPT & STRENGTHEN

Time: Mondays from 4:30 – 5:15 PM **Instructor:** Ashley Meinking, IBBFA Certified

CHAIR YOGA AT BARC

Time: Mondays 1:30-2:30 PM Instructor: Kimberly Matthew, RYT

CHAIR YOGA "Stretch & Strong" AT BARC

Enjoy all the benefits of yoga with the support of a chair. In this class you will do light weightlifting along with yoga stretches to build, bone density, strength, and improve posture!

Time: Wednesdays 1:30-2:30 PM Instructor: Kimberly Matthew, RYT

"IN STITCHES" KNITTING & MORE AT THE FCC

Time: Thursdays from 1 – 2:30 PM **Instructor:** Carol Hillestad

LINE DANCING AT BARC

Time: Mondays at 10 AM **Instructor:** Barbara Camlet

MAH JONGG AT THE FCC

Registration by phone or email to ensure there are enough players for a game. **Time:** Thursdays at 1:00 PM

QI GONG AT BARC

Time: Thursdays at 9:30 AM for the Winter **Instructor:** Kimberly Matthew, RYT, certified Qi Gong Instructor

SEATED TO THE BEAT AT BARC

Time: Tuesdays 3:15 PM Instructor: Natalie Schultz-Kahwaty, PhD

TONE & STRETCH AT BARC (Pilates, followed by stretching) AT BARC

Time: Tuesdays from 4:30 PM Instructor: Natalie Schultz-Kahwaty, PhD

The Friendly Community Center (THE FCC) Continued

WEEKLY WALKERS

Time: Fridays at 9:30 AM- Meet at the B.A.R.C Parking lot. **Facilitators:** Ernie Camlet & Pat Michelin

YOGA TUESDAYS & SATURDAYS AT BARC

Time: 10:00 AM **Instructor:** Ann Merli, LMT, RMT, RYT500, AYS or Michelle Yaddaw E-RYT500 or Michaelynn Myers RYT500

REGISTRATION IS APPRECIATED & ENSURES A SPACE IN CLASS- VISIT OUR PROGRAM REGISTRATION LINK OR WEBSITE/CLASSES & PROGRAMS: https://thefriendlycommunitycenter. ezfacility.com/Sessions

More Classes coming – Check our website, www. thefriendlycommunitycenter.com

FREE AND OPEN TO THE PUBLIC CLASSES:

Open to the public, email registration to attend is appreciated. info@thefriendlycommunitycenter.org

CAREGIVER SUPPORT GROUP AT THE FCC

The Dementia Support Group is for people who are caring for people living with dementia.

Dates: Saturday, February 24, 2024 Time: 1:15 PM -2:30 PM AT THE FCC **Facilitated by:** Barbara Van Nortwick, M.Ed., OTR/L Certified Dementia Practitioner Positive Approach to Care Certified Community Trainer and Consultant

DANCE & MOVEMENT AT BARC

Great for people with Parkinson's, Arthritis, and limited mobility.

Time: Tuesdays at 2:00 PM Instructor: Natalie M. Schultz-Kahwaty, PhD

LOSS SUPPORT GROUP AT THE FCC

Time: 2nd & 4th Mondays of the month at 3:30PM *Membership not required to attend Facilitator: Marilyn Schultz

WOMEN'S GROUP AT THE FCC

Come join us: Women of all ages are welcome to connect, share, and learn in a safe & fun group setting. Featuring monthly topics and discussions, guided by the group. Stop feeling alone and join a positive, fun, and connected community of women who support one another.

Time: 1st Tuesday of the month at 5:30 **Facilitator:** Jennifer Malamas M.D. Leadership and Wellness Coach

BE PREPARED FOR A WINTER STORM

Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart

attacks from overexertion.



Winter storms and blizzards can bring extreme cold, freezing rain, snow, ice, and high winds.







Can knock out heat, power, and communication services

10

DISC GOLF

Disc golf, formerly known as frisbee golf. It is a flying disc sport in which players throw a disc at a target; it is played using rules similar to golf.

Disc golf is a growing sport in our area. It is easy to get started, affordable, and outdoor fun for the whole family.







U.S. Fire Administration

Test your smoke alarms once a month.

your life in a fire. Use the test button to make sure your smoke alarms are working.

A smoke alarm can save

🐮 FEMA 🗱



Replace your alarms after 10 years.

Smoke alarms do not last forever. If your alarms are 10 years old or older, replace them with new alarms.





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POCONO SUMMIT 174 Harvest Lane Pocono Summit, PA 18346



STROUDSBURG 200 St. Luke's Lane, Suite 200 Stroudsburg, PA 18360

Tub to Walk-In **Shower Specialist**

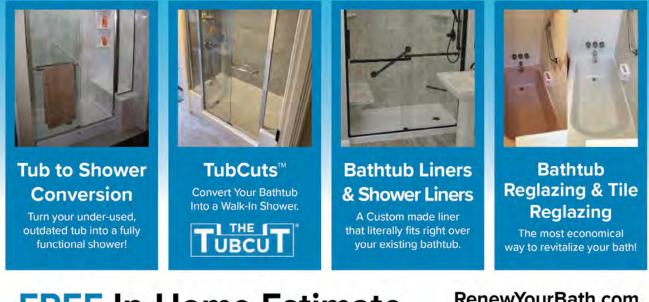




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- Authorized TubcuT Installer®, Installed in just a half a day
- Expert Bathtub to Walk In Or Roll In Shower Conversions
- Tub Replacement In Just One Day
- **Gorgeous Wall Liners Systems**
- **Professionally Installed Grab Bars**
- Tub & Tile Reglazing options

Thank you so much for a job well done! We are so pleased with how beautiful the walk in shower is. It had become a necessity for safety. I'm sure you already know how talented your workers are. What a pleasure to have them in our home. No complaints! Just compliments on how happy we are that we finally had the shower done. - Matt & Susan I.



BMB9632_BTM

FREE In-Home Estimate 610-609-2901

RenewYourBath.com



Paradise Township 5912 Paradise Valley Road Cresco, PA 18326





hometownpress

To Place An Ad Call Denise At Hometown Press 215-813-8361 • DeniseOfHTP@yahoo.com



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Donald Hannig, MBA Broker/Owner/Senior Advisor Phone: 570-431-7400 Mobile: 570-460-1373

Email: dhannig@SERcommercial.com 215 Independence Road East Stroudsburg, PA 18301 www.SERcommercial.com



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\$10.00 off for all new client service 570.595.9767

> Facebook: Benjie LaBars salon 6553 Rt. 191 • Cresco, PA 18326

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