

Friday

			1 Chicken Salad Sandwich (1/2c) Macaroni Salad (1/2c) Fresh Apple Very Veggie Juice Lettuce/Tomato 2 WG Bread Slices Milk	2 Sausage, Egg, & Cheese English Muffin Homestyle Roasted Potatoes (1/2c) Pineapple Tidbits (1/2c) Sunrise Orange Juice WG English Muffin Milk
5	6	7	8	9
Meatloaf w/Gravy (2oz) Mashed Potatoes (1/2c) Sweet Peas (1/2c) WG Dinner Roll Milk/Margarine	Bologna & Cheese Sandwich 3 Bean Salad (1/2c) Fruit Medley (1/2c) Lettuce/Tomato 2 WG Bread Slices Milk/Mayo	Veggie Lasagna Roll-Up in Cream Sauce Peperonata w/Tomatoes (1/2c) Diced Pears (1/2c) Breadstick Milk	Grilled Chicken Salad Tomato Cucucumber Salad (1/2c) Fresh Orange Chocolate Chip Cookie Dressing Packet WG Dinner Roll Milk/Margarine	Krabby Cake Rice Pilaf (1/2c) Sweet Potato Casserole (1/2c) Diced Beets (1/2c) Milk
12	13	14	15	16
Crispy Chicken Cutlet Garlic Parsley Potatoes (1/2c) Roasted Cabbage w/Bacon (1/2c) WG Dinner Roll Milk/Margarine	Chicken Cranberry Spinach Salad Broccoli Salad (1/2c) Applesauce (1/2c) Dressing Packet WG Dinner Roll Milk/Margarine	Sweedish Meatballs (4) in Cream Sauce Buttered Pasta (1/2c) Seasoned Green Beans (1/2c) Pineapple Tidbits (1/2c) Milk	Turkey & Cheese Hoagie Potato Salad (1/2c) Fresh Banana Lettuce/Tomato WG Hot Dog Bun Milk/Mayo	Beefaroni (1c) Seasoned Sweet Corn (1/2c) Mandarin Oranges (1/2c) WG Dinner Roll Milk/Margarine
19	20	21	22	23
Roast Beef (3oz) w/Gravy (2oz) Mashed Potatoes (1/2c) Steamed Mixed Veggies (1/2c) WG Dinner Roll Milk/Margarine	Egg Salad Sandwich 3 Bean Salad (1/2c) Diced Peaches (1/2c) Lettuce/Tomato 2 WG Bread Slices Milk	Macaroni & Cheese (1c) Steamed Carrot Coins (1/2c) Stewed Tomatoes (1/2c) Raisins (1/2c) Milk	Taco Salad Brown Rice (1/2c) Black Beans (1/2c) Very Veggie Juice Chocolate Chip Cookie Dressing Packet Milk	Sloppy Joe Seasoned Green Beans (1/2c) Scalloped Potatoes (1/2c) WG Hamburger Bun Milk
26	27	28	29	30
Cheese Omelet Breakfast Poatoes w/Onions (1/2c) Warm Apple Compote (1/2c) Sunrise Orange Juice WG English Muffin Milk	Garlic Parmesan Chicken Salad Diced Beets (1/2c) Pineapple Tidbits (1/2c) Dressing Packet WG Dinner Roll Milk/Margarine	Pizza Pasta Bake (1c) Creamed Spinach (1/2c) Mandarin Oranges (1/2c) Milk/Margarine	Tuna Salad Sandwich Pepper Cabbage (1/2c) Fresh Orange Lettuce/Tomato 2 WG Bread Slices Milk	Sweet & Sour Chicken (3/4c) Brown Rice (1/2c) Broccoli Salad (1/2c) Applesauce (1/2c) Milk

Littlestown Area Senior Center Activity Calendar		October 2026		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
lunch served daily @ 11:30			1 Cards and Games	2 'A Survivor's Story' @ 10:00
5 Bingo @ 9:45	6 Cornhole	7 Board Meeting @ 11:00 Cards and Games	8 Church Lunch @ 11:00	9 Out of center activity center closed Lunch @ Hoss's in Hanover @ 11:00
12 Center Closed	13 Bingo at CC's Diner @ 9:00	14 Shot Clinic (flu and Covid) Starting at 8:30	15 Members Appreciation Day	16 Operation Christmas Child with Wendy @ 10:00
19 Bingo @ 9:45	20 Pivot/ blood pressure check @ 10:00	21 Beth from Pinchot State Park @ 10:00 Birthday recognition	22 Billie Jo Kane / Medicare Changes @ 10:00	23 Out of center activity center closed Breakfast @ Perkins @ 9:00
26 Meet and greet with Debbie Jones a Lending Partner @ 10:00	27 Doug Harmen 1 st Credit Union Financial Family Feud @ 10:00	28 Victoria from Adams Co. Library with tech help @ 10:00	29 Trivia @ 9:45	30 Halloween Party

10 Locust Street
 P.O. Box 81
 Littlestown, PA 17340
 (717) 359-7743
 Hours: Monday-Friday 8:00AM-12:30PM
 Tina Pate, Site Manager