

North Versailles Township Senior Connection Newsletter - March 2026

Bringing the Community Together Through Events, Activities, and Friendship



Embracing March: A Month of Reflection and Renewal

As we transition from winter to spring, March brings not only the promise of warmer weather but also a wealth of important events and observances that hold great significance for our community.

This month is a time for reflection and preparation for new beginnings—like finally mastering the new coffee maker you received in January! March also welcomes the Spring Equinox, a season of renewal and growth, encouraging us to embrace positivity and explore new hobbies, whether that's gardening amidst past plant challenges or engaging in outdoor activities.

Many churches and fire departments host fish fry events this month, creating delicious meals while supporting local initiatives—an excellent opportunity to socialize and connect within our community. March is also a perfect time to volunteer with local organizations, strengthen community bonds, and help seniors share their skills and experiences.

As it's National Nutrition Month, focus on healthy eating choices by including colorful fruits and vegetables in your meals, and consider the benefits of fish, which is rich in omega-3 fatty acids that enhance cognitive function. By incorporating these nutritious foods, we can enjoy healthier, more vibrant lives!

In summary, March is a month to celebrate life, promote health, and enjoy camaraderie at local events. Let's connect, reflect, and rejuvenate together as we explore the fulfilling experience of volunteering!

Upcoming Events

Mastering the Essentials: Wills and Estate Planning Insights with Attorney Richard Catalano

Attorney Richard Catalano is a highly regarded legal expert in North Versailles, known for his extensive knowledge and experience in wills and estate planning, as well as other areas of law. His commitment to helping clients navigate the complexities of estate law makes him a trusted resource for individuals and families looking to secure their legacies.

In his upcoming presentation on **March 10th at 1:30 p.m.** at the North Versailles Library, Attorney Catalano will cover essential topics related to wills and estate planning. His approachable style and thorough understanding of the subject matter will undoubtedly provide valuable information for both beginners and those looking to refine their existing plans.

This informative session is an excellent opportunity for anyone interested in gaining a deeper understanding of wills and estate planning. To register for this program, please contact the library at 412-823-2222 **by March 9th**. Don't miss the chance to learn from one of the leading attorneys in the field.

Join Us for Community Fish Frys: Support Our Local Fire Departments

This year, the Fire Department of North Versailles and United Volunteer Fire/Rescue are once again partnering to host a joint fish fry on Fridays from 11:00 a.m. to 7:00 p.m. at the South Wilmerding Social Club. The address is 830 Sylvan Avenue, and the phone number is 412-829-7422.

Additionally, the West Wilmerding Volunteer Fire Department will hold its final fish fry of the season on Good Friday, also from 11:00 a.m. to 7:00 p.m. The address is 330 Kline Avenue, and the phone number is 412-583-8409.

Delivery is available from both fire departments.

Gallop into Fun: Night at the Races Fundraiser

Join us for "Night at the Races" on Saturday, March 14th, at the Pitcairn Monroeville Sportsmen's Club! This adult-only event will kick off at 6:00 PM, and admission is just \$20. Enjoy a fun-filled evening with simulated horse racing, all to support the East Allegheny Varsity Baseball Team. To purchase tickets, please reach out to a baseball parent, visit the [East Allegheny Wildcats Varsity Baseball Facebook page](#), or text Tracy Yusko at 412-303-6252. Mark your calendars for a night of fun and community!!

Ongoing Programs

- **Senior Bingo:** Join this group every Thursday, except on holidays, at the Crestas Terrace Volunteer Fire Hall, 2304 Crestas Avenue, for a fun time together. Please arrive by 10:30 am to collect your bingo papers and secure a seat. They will be thrilled to see you there! For more information, call 412-979-1604.
- **Book Club: Thursday, March 12th, starting at 11:00!**



The North Versailles Public Library is excited to announce an exclusive opportunity to meet this incredible author known for her captivating novella "Mischief Takes the Case: A Missy Flynn Novella". [Goodreads](#), a social platform that helps readers discover books, share reviews, and find personalized recommendations based on their preferences, summarized the story as follows:

- "After being approached by North Reach real estate mogul Blair Oliver, mystery writer and bookstore owner Missy 'Mischief' Flynn is thrown into a real-life detective story—with her as the lead. Blair is concerned for her safety and suspects someone wants her dead. He enlists Missy, and after a bit of coaxing, she agrees to take on the case. Unbeknownst to them, Missy recruits her supporting cast: her gifted daughter, quirky ex-husband, bohemian grandmother, and level-headed best friend. While navigating her upscale hometown, Missy must find out who wants to harm North Reach's most affluent resident. Will Missy be able to turn her talent for fiction writing into actual sleuthing before it's too late?"

This intriguing narrative has received an impressive 4.54 stars on Goodreads, showcasing its appeal to readers!

Whether you've already read "Mischievous Takes the Case" or are just looking for your next great read, Leslie's presence at the book club promises to add an exciting dimension to our discussion. Plus, there'll be a chance to get your book signed and perhaps snag some exclusive insights into her upcoming projects!

The library is located at 245 Foster Road, on the lower level of Priase Assembly. Access the library on the side of Lot B. For more information, please contact the library at 412-823-2222.

Community Resources

- **Heritage Community Transportation:** Transportation to appointments and grocery trips. Adults 65+ Get the Free Blue Card. With this card, you can ride free. Applications are available by mail. Call 412-351-2200 for more information.
- **East Allegheny Meals on Wheels:** Enjoy delicious, nutritious meals delivered to your door for residents who are unable to shop or cook for themselves, available on a permanent or temporary basis. Don't hesitate to call 412-327-6908 to get started!
- **MA's Pantry** provides vital food to those who need it most while nurturing a warm, welcoming community for everyone facing food insecurity. To sign up, please arrive on any distribution date between 9:00 am and 11:00 am. They are located in the lower rear of the former Broadway Alliance Church at 1000 Broadway Street in East McKeesport. Upcoming distribution dates are: March 7 and 21. For more information, visit their website at www.maspantry.org, call 412-824-0277, or follow them on Facebook.
- **Essential Tax Assistance Programs for Seniors and Low-Income Families:** The 211 Senior Tax Program is an invaluable resource that provides information on free tax preparation services specifically tailored for seniors. To contact this program, simply call 211 or visit their website to find local information about available services in your area. They can connect you with trained volunteers who understand the specific tax needs of seniors, ensuring you receive the assistance you need to file your taxes accurately and on time. If you have any questions, the representatives are available to help guide you through the process.

The AARP Foundation Tax-Aide program provides free tax preparation and filing assistance for low-to moderate-income individuals and families. Operated by trained volunteers, it helps maximize refunds and minimize tax liabilities for people of all ages. With locations nationwide, it offers a supportive environment to make tax filing easier. For local site information and service details, visit the AARP website or call 1-888-227-7669.

In addition to these services, Senator Pisciotano's office assists with filing Property Tax/Rent Rebates at all its locations. The phone number for his McKeesport office is 412-664-5200, while his number for the Monroeville office is 412-380-2242. Notably, residents can receive help every Wednesday from 9 AM to 4 PM at the North Versailles Municipal Building, ensuring that seniors have access to the support they need during the tax season.

Spotlight on Valor: Honoring our Community's Unsung Veteran Heroes

We'll be honoring a veteran in our upcoming Spotlight and plan to continue throughout the year. Each day provides us with an opportunity to recognize the unsung heroes among us, especially our courageous veterans. They embody bravery, sacrifice, and dedication, having made significant contributions to our freedom and way of life.

As we reflect on those who inspire us, we encourage you to nominate veterans in our community for their remarkable stories. These individuals exemplify resilience and commitment and deserve our recognition. Your nominations will not only celebrate their achievements but also help foster unity and inspiration within our community.

Let's continue to uplift and support one another as we shine a light on those who truly deserve it! We can't wait to hear who you choose to honor.

Stay Connected

For more information, visit our website at nvtpa.com or call us at 412-823-6602. Follow us on [Facebook](#) for updates and photos from recent events.

Next Issue Preview

- Step into Motion: Energizing Warm-up Exercises for Walking
- Flame Fighters: Mastering Fire Extinguisher Skills presented by Bud Pusey

Together, building a vibrant and caring community for all seniors.