



Tina Pate  
Site Manager  
717-359-7743

## LITTLESTOWN AREA SENIOR CENTER

**December 2023**



**Monday – Friday, 8:00 AM – 12:30 PM**

10 Locust Street  
P.O. Box 81  
Littlestown, PA  
17340

| Mon  | Tue  | Wed  | Thu   | Fri  |
|--|--|--|---|--|
| <b>***Lunch is served daily at 11:30***</b>            |  |  |   | <div>1</div> Lunch out<br>Hibachi Rest.<br><b><u>Center Closed</u></b>             |
| <div>4</div> 10:00 Speaker<br>Deer Antlers<br>P. Green | <div>5</div> Cards and Games                       | <div>6</div> 10:00 Speaker<br>Bible Plants<br>C. Black<br>Master Gardener<br>11:00 Board Meeting | <div>7</div> 10:00 Speaker<br>Raising your<br>Holiday Spirits<br>J. Kaylor<br>Visiting Angels | <div>8</div> Diamond Painting<br>Craft   |
| <div>11</div> 9:45 Bingo                               | <div>12</div> 10:00 Pivot<br>Exercise              | <div>13</div> Cards and Games  | <div>14</div> 11:00 Church<br>Luncheon<br><b><u>Center Closed</u></b>                         | <div>15</div> Holiday lunch w/TJ<br>Brown & Sons<br>Music w/Denny<br>(sign up)     |
| <div>18</div> 9:30 Music<br>w/Derek                    | <div>19</div> 10:00 Blood<br>Pressure<br>Screening | <div>20</div> Cards and Games  | <div>21</div> Diamond Painting<br>Craft   | <div>22</div> Breakfast out<br>Eisenhower Diner<br><br><b><u>Center Closed</u></b> |
| <div>25</div> <b><u>Center Closed</u></b>              | <div>26</div> <b><u>Center Closed</u></b>          | <div>27</div> <b><u>Center Closed</u></b>  | <div>28</div> <b><u>Center Closed</u></b>   | <div>29</div> <b><u>Center Closed</u></b>  |

# December

Adams County

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
|    | <p><i>*menu subject to change based on availability</i></p>   |    |   | <p>1</p> <p>Chicken Cobb Salad<br/>(Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens<br/>1/2c. Pickled Diced Beets<br/>1 Dinner Roll<br/>1 Piece Cake</p>  |
| <p>4</p> <p>Winter Beef Stew<br/>1/2c Mixed Vegetables<br/>Cornbread<br/>1/2c Sliced Apples</p>                              | <p>5</p> <p>Sweet &amp; Sour Meatballs<br/>1/2c. Rice<br/>1/2c Oriental Blend Vegetables<br/>1 Wheat Bread<br/>Seasonal Fresh Fruit</p>   | <p>6</p> <p>Stuffed Pepper Casserole<br/>1c Tossed Salad<br/>1/2c Coin Carrots<br/>1 White Bread<br/>1/2c Pudding</p>  | <p>7</p> <p>Honey Rosemary Chicken<br/>1/2c Buttered Noodles<br/>1/2c Green Beans<br/>1 White Bread<br/>1/2c Peaches</p> <p></p> | <p>8</p> <p>Baked Meatloaf w/ Gravy<br/>Baked Potato w/ Margarine<br/>1/2c Peas<br/>1 White Bread<br/>Seasonal Fresh Fruit</p>   |
| <p>11</p> <p>Burgundy Glazed Meatballs (4)<br/>1/2c Rice<br/>1/2c Mixed Vegetables<br/>1 Wheat Bread<br/>1/2c Pears</p>      | <p>12</p> <p>Grilled Chicken Salad<br/>(2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato)<br/>1/2c Three Bean Salad<br/>1 Dinner Roll<br/>1/2c Gelatin</p>  | <p>13</p> <p>BBQ Chicken Breast<br/>1/2c Sweet Potatoes<br/>1/2c Green Beans<br/>1 Dinner Roll<br/>Seasonal Fresh Fruit</p>  | <p>14</p> <p>Tuna Salad Sandwich<br/>w/lettuce &amp; tomato<br/>1/2c Potato Salad<br/>2 White Bread<br/>Fresh Orange</p>  | <p>15</p> <p>Open Faced Turkey Sandwich<br/>w/ Gravy<br/>1/2c Whipped Potatoes w/ Chives<br/>1/2c Corn<br/>1 White Bread<br/>1 Cookie</p>  |
| <p>18</p> <p>Pot Roast w/ Gravy<br/>1/2c Parsley Potatoes<br/>1/2c Coin Carrots<br/>1 Italian Bread<br/>1/2c Peach Crisp</p> | <p>19</p> <p>Chicken Parmesan<br/>w/ 1oz Shredded Cheese<br/>1/2c Rotini w/ Sauce<br/>1c Tossed Salad w/ Tomato<br/>1 Garlic Breadstick<br/>1/2c Mixed Fruit</p> <p></p> | <p>20</p> <p><b>Christmas Special!</b><br/>Roast Turkey w/ Gravy<br/>1/4c Homemade Stuffing<br/>1/2c Whipped Potatoes<br/>1/2c Seasoned Peas &amp; Carrots<br/>Dinner Roll<br/>Apple Pie</p> | <p>21</p> <p>Salisbury Steak w/ Gravy<br/>Baked Potato w/ Margarine<br/>1/2c Green Beans<br/>1 Wheat Bread<br/>1/2c Gelatin</p>   | <p>22</p> <p>Maple Mustard Salmon<br/>1/2c Parmesan Garlic Noodles<br/>1/2c Peas<br/>1 Wheat Bread<br/>Seasonal Fresh Fruit</p> <p></p> |
| <p>25</p> <p></p>                          | <p>26</p> <p>ALL CENTERS CLOSED<br/>Merry Christmas!</p>  | <p>27</p> <p>Stadium Hot Dog<br/>1/2c Cheesy Potatoes<br/>1/2c Green Beans<br/>1 Hot Dog Roll<br/>1/2c Pineapple &amp; Mandarin Oranges</p>  | <p>28</p> <p>Turkey Chef Salad<br/>(2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato)<br/>1/2c Pickled Beet Salad<br/>1 Wheat Bread<br/>1/2c Fruited Gelatin</p>   | <p>29</p> <p>Roasted Pork w/ Peach Glaze<br/>1/2c Whipped Potatoes w/ Chives<br/>1/2c Mixed Vegetables<br/>1 Wheat Bread<br/>Cookie</p>  |