



## WHO WE ARE:

Safe Monroe is a 501(c)(3) non-profit corporation that serves as a safe haven for anyone affected by domestic and sexual abuse – of any sexual orientation, gender identity, age, economic status or cultural background – in the Monroe County area.

Over the years, Women's Resources of Monroe County slowly evolved into a resource center and safe house that opened its doors to all those affected by domestic and sexual abuse, because domestic and sexual abuse can affect ANYONE.

Safe Monroe is an identity which embodies not only what we provide for those who come to us, but what we hope to achieve through our work moving forward. Safe Monroe is here to provide safety, hope, and healing for ALL who are affected by abuse. *We are where abuse ends, and hope begins.*

## OUR MISSION:

To provide a safe & caring environment that encourages healing & empowerment for anyone whose life has been impacted by domestic and sexual abuse.

We strive to engage our community through awareness, advocacy & prevention.



Safety is one call away!

**570-421-4200**

## OUR SERVICES!

*All services are free and confidential for anyone affected by Domestic & Sexual Abuse...*

- ✓ **24/7 HOTLINE**
- ✓ **COUNSELING**
- ✓ **EMERGENCY SHELTER**
- ✓ **LEGAL ADVOCACY**
- ✓ **MEDICAL ADVOCACY**
- ✓ **PREVENTION EDUCATION**

### HOW YOU CAN HELP!

## BECOME A HOTLINE VOLUNTEER!

Join a group of passionate individuals and answer the call of those in need!

Learn more and apply at [safemonroe.org/volunteer](http://safemonroe.org/volunteer)

## SUPPORT OUR MISSION & DONATE!

Your support allows us to provide services year-round for those impacted by domestic and sexual abuse!



**HELP US BE WHERE ABUSE ENDS AND HOPE BEGINS!**



*Where Abuse Ends & Hope Begins*



## Free & Confidential Services

**570-421-4200**

*Available 24/7, Including Holidays*

*\*accepts collect calls*

Safe Monroe is a 501(c)(3) non-profit, formerly known as Women's Resources of Monroe County, Inc., serving anyone impacted by domestic and sexual abuse.

**SAFEMONROE.ORG**







## HOW WE CAN HELP:

Safe Monroe provides **FREE & CONFIDENTIAL** services to anyone affected by domestic and sexual abuse – of any sexual orientation, gender identity, age, economic status or cultural background – in the Monroe County area.

## 24/7 CRISIS HOTLINE

Our hotline is available 24/7, including holidays, to anyone who needs help: **victims, survivors, their families and friends, and professionals** who seek information about how they might better meet the needs of their clients.

 **570-421-4200**

*\*Our hotline is available in both English and Spanish, as well as in other languages, via a translator line.*

## COUNSELING:

Our counseling services embrace the empowerment philosophy, with a trauma-informed and survivor-centered approach. Spanish speaking counselors are available.

### Counselors Assist In:

- **Safety Planning**
- **Establishing Personal Goals**
- **Living Independently & Free From Violence**

*\*Although all our counselors are trained in all aspects of abuse, we have counselors specializing in Sexual Abuse and Child Survivors.*

## EMERGENCY SHELTER:

We provide free, confidential emergency shelter in a communal living safe house for anyone who is fleeing abuse and needs a temporary safe place to live.

Shelter residents have access to our free and confidential services including **counseling, safety planning, employment resources, housing information, and legal advocacy.**

## LEGAL ADVOCACY:

Our legal advocates help victims navigate their way through the legal system, and accompany victims of domestic and sexual abuse during Protection From Abuse (PFA) hearings, Magisterial District Justice hearings, and trials.

They also provide support, encouragement, and information about available options and resources.

*\*Please note that Safe Monroe's advocates are not attorneys and cannot give legal advice.*

## MEDICAL ADVOCACY:

Trained Safe Monroe counselor/advocates are available to meet victims of domestic and sexual abuse at medical facilities in Monroe County to provide support during medical examinations, as well as information about available options and resources.

## PREVENTION EDUCATION:

Through our Prevention Education and community awareness programs, we provide free prevention education programs to schools, churches and other community organizations to raise awareness and educate the public about the issues of domestic and sexual abuse.

## WHAT IS DOMESTIC ABUSE?

Domestic abuse is a pattern of **coercive behavior** used by one person to gain **power and control** over another in an intimate or familial relationship.

**PHYSICAL ABUSE, VERBAL ABUSE**  
**EMOTIONAL ABUSE, SEXUAL ABUSE**  
**FINANCIAL ABUSE, STALKING**

## WHAT IS SEXUAL ABUSE?

Sexual abuse, also commonly referred to as sexual violence, includes any type of **forced, coerced or non-consenting** sexual contact including unwanted sexual touching, oral sex, rape, harassment and more.



**Walk-Ins Welcome!**

**225 J. Wilson Drive, PO Box 645**  
**Delaware Water Gap, PA 18327**

**Satellite offices in the West End & Tobyhanna, available by appointment only.**  
Administrative Phone: (570) 424-2093