
SCHEDULE

9:00 AM START-WESTON A. PRICE VIDEOS

9:15 AM – 10:415 AM SPEAKER-COMPOSTING AND PREPARING SOIL
Discussion – On what to do to fertilize, use compost and prep soil.

10:30 AM – 10:50 AM CHILDREN'S SESSION: ROLE OF BIRDS ON OUR FARMS AND IN OUR GARDENS
Parents are asked to attend with children.

11:00 – 12:00 PM CLASS/DEMONSTRATION: CANNING VEGETABLES

12:00 – 1:00 PM CLASS DEMONSTRATION: FERMENTING
Making sauerkraut and Kimchi

1:00 – 2:00 PM CLASS DEMONSTRATION:CANNING FRUIT

PLEASE USE LINK AND REGISTER FOR CLASSES.

FREE CLASSES- EVENT REGISTRATION

General Canning/ Fruit Canning/ Fermenting/ Children's Session

Use this link to reserve your seat:

<https://www.eventbrite.com/e/garden-2-table-community-event-class-registration-tickets-997135809047>

WHO ARE WE?



This event is being provided by the York-Adams County Chapter of the Weston A. Price Foundation. This local Chapter is dedicated to sharing information to the surrounding communities searching for healthy information, provisions to buy local and support for growing your own food. WAPF's focus on nutrient-dense foods, methods for preparation and dietary principles are the standards we share and support. Becoming a WAPF member helps support their mission and includes the quarterly Wise Traditions booklet filled with science backed and research result supported information.

Stay Tuned

More information for a possible monthly market next year. To stay updated follow:

Facebook:

Weston A. Price York/Adams County, PA Chapter

Instagram:

Wapfyorkadams

Other social Media sites:

Savvy Citizen app and sgrprc.com

WELCOME

Garden-2-Table

COMMUNITY EVENT

INFORMATION



Jackson Twp Little Creek Community Park

SEPTMEMBER 14, 2024

9:00 AM – 2:00 PM

1657 PA -RT 116, SPRING GROVE, PA 17362



SPONSORS

CASHMANS ACE HARDWARE

Location: 1595 Route 195 N, East Berlin, PA 17316

Website: www.acehardware.com

SUMMER CREEK FARM

Located: Thurmont, MD

Website: www.summercreekfarm.com

OYLER'S ORGANIC MARKET

Located: 400 Pleasant Valley Road, Biglerville, PA

Website: www.oylersorganicfarms.com

UNCLE JIMS WORM FARM

Location Spring Grove, PA

Website: www.unclejimswormfarm.com

Weston A Price Foundation - www.westonaprice.org

WAPF York-Adams County Chapter- locate on

Facebook

A special thank you to the vendors, sponsors and supporting organizations that made this event possible.

ONSITE VENDORS

GRAZING ACRES FARM

Location: 405 Harrisburg Street, East Berlin, PA

CHARMING MEADOW MUSHROOM

Location: Gettysburg, PA

Email:

mushrooms@charmingmeadowllc.com

MAD RADISH FARM

Location: 1991 George Street, Dover, PA

Website: madradsishfarm.com

Email: info@madradsishfarm.com

MACY CAKES DOG BAKERY

Location: York, PA

Email: www.linkt.ree/macycakesdogbakery

SONNEWALD NATURAL FOODS

Location: 4796 Lehman Road,

Spring Grove, PA

Website: www.sonnewald.org

WHEAT AND SPARROW FARM

Location: 4858 Lehman Road,

Spring Grove, PA

Website: www.wheatandsparrowfarm.com

Email: wheatandsparrow@gmail.com

SUPPORTERS

JACKSON TOWNSHIP

SPRING GROVE REGIONAL PARK AND REC CENTER

WESTON A PRICE FOUNDATION

ONSITE PURCHASING INFORMATION

VENDOR TABLES

Payments will be taken at the individual tables.

Form of payment is determined by the vendor.

WAPF Books and Cookbooks:

Cash or check only.

Children's Exploration Area:

- Birds and
- Pollinators
- Composting Worms