

QPR Training:

Making a Difference Through Conversation

... What is QPR? ...

QPR stands for **Question, Persuade, Refer** – three steps to help prevent suicide. This free training teaches practical, proven techniques to reduce suicidal behaviors and save lives. Open to anyone 18+.

... Who Should Take This Training? ...

This training is for **everyone**. Whether you're a parent, teacher, friend, coach, or community member, if you care about others, you can make a difference. Learn how to help and support those in need.

2 sessions to choose from:

- Wed May 20th 6-8pm: Virtual
- Thurs May 28th 10am-12pm: In-person

In-person events held at:

Hillsborough Municipal Building
379 S Branch Rd, Hillsborough, NJ

Email

healthcollaborative@hillsboroughnj.gov
with any questions.



Click a date above
or scan the QR
code to register

